

## Recent Books from South Korea – December 2013

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### Cookbook

The Kimchi Cookbook : 60 Traditional and Modern Ways to Make and Eat  
Kimchi / Lauryn Chun with Olga Massov  
Berkeley, USA: Ten Speed Press, 2012  
149p. ; 24cm.  
ISBN-13: 9781607743354  
\$ 19.99 / HB  
660 gm.  
<http://www.marymartin.com/web?pid=158544>

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### General

Hanbok: Timeless Fashion Tradition / Samuel Songhoon Lee  
Seoul : Seoul Selection, 2013  
108p.  
Korea Essentials No.16  
9788997639410  
\$ 18.00 / PB

Hanbok embodies many of the social and aesthetic values of the Korean people. In accordance with the emphasis on social harmony found in Confucian philosophy, the choice of hanbok varied depending on one's position in society. Its beautifully flowing lines and harmonious color schemes are important aesthetic values found in Korean art. Hanbok is increasingly emerging into the spotlight following the popularity of Korean television dramas, which are often set in the past, and also through efforts to promote hanbok on the global stage. Renowned fashion designers around the world have taken note of hanbok and have incorporated elements of hanbok into their own work. This book will examine the origins, history, and the unique characteristics of hanbok and its contemporary standing.

<http://www.marymartin.com/web?pid=158545>

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Korean Dance: Pure Emotion and Energy /Curtis File

Seoul : Seoul Selection, 2013

104p.

Korea Essentials No.15

9788997639403

\$ 18.00 / PB

Dance has been a medium for understanding the philosophy of and emotions behind a culture. This is especially true for a country with a vast and complex history like Korea. Korean dance is a tradition that includes every form of contemporary dance in the country, from shamanistic to folk, court to modern traditional dance, and even breakdancing. Over the past several centuries, each of these unique dance forms has attempted to convey the Korean psyche. This book aims to examine Korean dance from its primitive roots to the complex court rituals and on to the pop culture styles of today. What sets Korean dance apart from that of other cultures will also be explored. Finally, readers will be able to delve into its broad range of forms and long history and gain a better understanding of its role in society.

<http://www.marymartin.com/web?pid=158546>

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Taekwondo: The Unity of Body, Mind and Spirit / NB Armstrong

Seoul : Seoul Selection, 2013

116p.

9788997639373

Korea Essentials No.13

\$ 18.00 / PB

Taekwondo, which literally means “the way of the hand and foot,” is an indigenous Korean tradition and the world’s most popular martial art. This book is an excellent guide for people new to the sport as well as those familiar with the beauty, efficiency and sophistication of taekwondo. The chapters cover topics ranging from taekwondo’s origins in Korea and the meanings of both the martial art and sport to taekwondo’s rapid spread worldwide and adoption as an official Olympic event. Anything and everything about taekwondo is jam-packed in this book, which appeals to both the novice and the advanced black belt.

<http://www.marymartin.com/web?pid=158547>

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Korean Medicine: A Holistic Way to Health and Healing

Seoul : Seoul Selection, 2013

95p.

9788997639397

Korea Essentials No.14

\$ 18.00 / PB

Practitioners of Korean traditional medicine say the ultimate cause of disease is not so much the invasion of external elements but rather malfunctions in inherent bodily function. Since disease is considered to result from the weakening of vital energy, the emphasis is placed on boosting the body’s ability to defend against disease. Illness may be attributed to emotional states like joy or sorrow or to other internal causes

such as overwork and fluctuations in the function of internal organs. Even diseases that appear to have external causes are ultimately seen as the products of internal factors. If one's ability to fend off sickness is strong enough, then one will not get sick even if pathogens do enter the body. Thus, treatment focuses mainly on bolstering the body's vital energy.

<http://www.marymartin.com/web?pid=158548>

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## History

Taegeukgi : The Korean Flag – Western Depictions of the Flag in the Early 20<sup>th</sup> Century

Seoul: Seoul Selection, 2013

ISBN-13: 9781624120213

1. Postcards

\$ 25.00

52 gm.

<http://www.marymartin.com/web?pid=158549>

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Kim Dae-jung and History of Korean Opposition Parties / Sang-young Rhyu, Sam-wong Kim & Ji-yeon Shim (Editors)

Seoul: Yonsei University Press, 2013

360p. ; 23cm.

ISBN-13: 9788968500497

Kim Dae-jung Presidential Library and Museum Series 3

\$ 39.50 / PB

664 gm.

<http://www.marymartin.com/web?pid=158550>

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## Linguistics

The Korean Verbs Guide  
Korea : Longtail Books, 2013  
352p.  
9788956057064  
\$ 45.00 (Set)

Vol.1 & 2 combined

The Korean Verbs Guide introduces 100 essential Korean verbs that are commonly used in everyday Korean. This book is divided into two volumes and each volume contains 50 Korean verbs. This book will help you practice and get used to the major verb conjugation rules in the Korean language through a lot of real-life sample sentences and useful quiz questions.

<http://www.marymartin.com/web?pid=158551>

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## Literature

Korean Classic Stories (5 Vols. in a Case)  
Seoul: Seoul Selection, 2013  
5 Vols. ; 20 x 13cm.  
ISBN-13: 9781624120190

1. Avengers & Artists: Folk Tales, Sagas and Anecdotes
2. Confucians in Love: Early Fiction Part I
3. War & Exile: Early Fiction Part II
4. All Walks of Life: Historical Romance Part I
5. Lives of Women: Historical Romance Part II

\$ 70.00 (Set)

766 gm.

<http://www.marymartin.com/web?pid=158552>

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Across the Tumen: A North Korean Kkotjebi Boy's Quest / Moon Young-sook

Seoul : Seoul Selection, 2014

344p.

9781624120091

\$ 21.00 / PB

YEONG-DAE IS A YOUNG BOY WHO HAS TO BEG ON THE STREETS AS A Kkotjebi JUST TO SURVIVE.

HE CROSSES THE TUMEN RIVER TO FIND HIS SISTER, HIS ONLY SURVIVING FAMILY MEMBER.

As North Korea undergoes a devastating famine, Yeong-dae loses both his parents and is forced to beg on the streets. Soon, this young boy sets off on a desperate journey to China to find his sister—his last living family member. Captured by the authorities, he is sent back to the North, where he is thrown in jail and tortured. Once he is finally released, he crosses the Tumen River again, more determined than ever to find a place where he can live a decent life. This inspiring tale offers a glimpse into the horrors faced by North Korean children—and their indomitable will to survive.

“When I started reading this book, I found myself amazed that the author seemed to understand North Korean society even better than me—and I used to live there! I was sucked into the story, and it felt less like reading a novel and more like reliving my childhood and escape from North Korea. Around 25,000 North Koreans have defected to the South as of 2013, and it seemed like the heartbreaking tale of each defector was distilled into this story.”

- Kim Young-il, president of PSCORE

<http://www.marymartin.com/web?pid=158553>

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## Politics

Northeast Asia's Nuclear Challenges / Su Hoon Lee (Editor)

Seoul: Institute for Far Eastern Studies, Kyungnam University, 2013

229p. ; 23cm.

ISBN-13: 9788984213470

\$ 35.00 / PB

338 gm.

<http://www.marymartin.com/web?pid=154498>

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